

Step 5 Turning on the device



15 Press the blue button firmly until the "Itamar medical" logo appears on the display.



At the end of a short testing you will see GOOD NIGHT!!!
Time elapsed: hours:minutes
Recording...

You are now ready for sleep. In case there is a problem TEST ABORTED will appear.

Note: The LCD will turn off after one minute.
Anytime you press on the button the LCD will light up for one minute.

During the night:
If you need to get up during the night, do not remove the device or sensors.

! In case of an irritating sensation on the finger, that you find hard to cope with, remove the device and call the help desk.

Step 6 Next morning

- ▶ The Watch-PAT200 device cannot be turned off.
- ▶ Remove the sensors from your hand, your body and your neck.
- ▶ Insert all parts back into the Watch-PAT200 case.

Important Notes

The Watch-PAT200 should not cause any discomfort or pain. If you experience wrist or arm discomfort, loosen the strip. If the discomfort is not alleviated immediately, call help desk.

- ▶ Do not attempt to connect or disconnect any part of the unit
- ▶ Do not try to introduce any foreign object into the unit
- ▶ Do not try to connect the Watch-PAT200 to an electrical supply or other device, machine or computer
- ▶ Do not, under any circumstances, attempt to fix a problem yourself

Note: Images in the guide are for left hand; similar attachment should be applied for right hand.

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Caution: Federal law restricts this device to sale by or on the order of a physician.

Step-by-Step Reference Guide



P/N OM2193300

Watch-PAT200

This reference guide will help you use the Watch-PAT200 in your home. It is a quick reference guide to be used after your practitioner has demonstrated how to wear and operate the device.

Before applying the Watch-PAT200

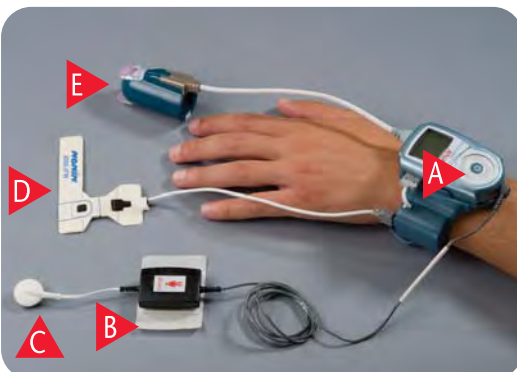
- ▶ Remove tight clothing, rings, watches and other jewellery from your non-dominant hand
- ▶ Make sure fingernails of the index and ring fingers are short.
- ▶ Remove nail polish and artificial nails

Do not put on the device or activate it before retiring for the night.



The carrying case contains

- ▶ Quick reference guide
- ▶ Device with PAT probe
- ▶ Oximeter sensor
- ▶ Snore and Body position sensor (optional)

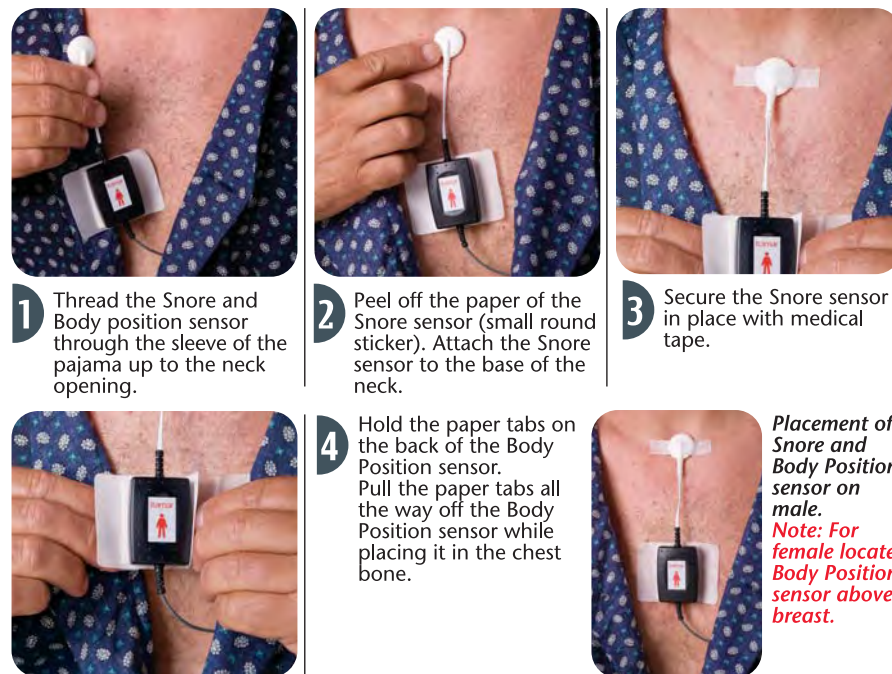


- A -ON Button
- B -Body Position
- C -Snore
- D -Oximeter
- E -PAT probe

Step 1 – Optional Applying the Snore and Body Position sensor

Note: If you don't use this sensor skip to step 2

Note: It is best to apply the Snore and Body Position sensor with the aid of a mirror.



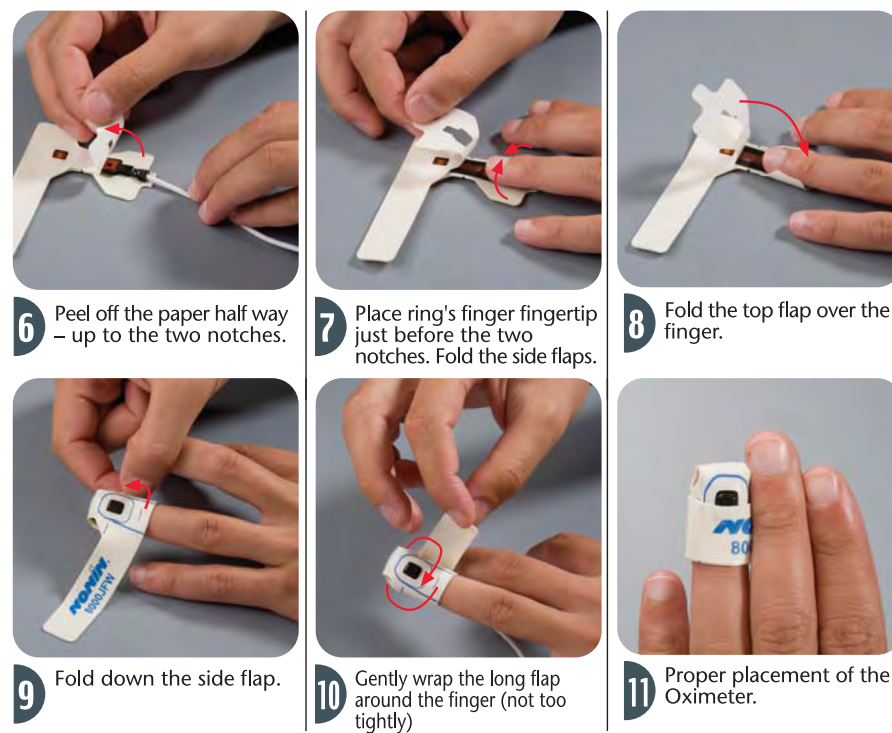
- 1** Thread the Snore and Body position sensor through the sleeve of the pajama up to the neck opening.
 - 2** Peel off the paper of the Snore sensor (small round sticker). Attach the Snore sensor to the base of the neck.
 - 3** Secure the Snore sensor in place with medical tape.
 - 4** Hold the paper tabs on the back of the Body Position sensor. Pull the paper tabs all the way off the Body Position sensor while placing it in the chest bone.
- Placement of Snore and Body Position sensor on male.*
Note: For female locate Body Position sensor above breast.

Step 2 Applying the Watch-PAT200



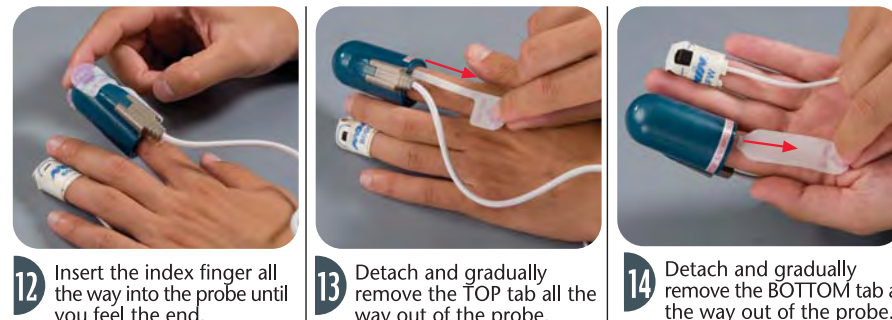
- 5** Apply the device on the non-dominant hand. Place the device upside down on a flat surface, insert wrist and close strap. Do not close wrist strap too tightly.

Step 3 Applying the Oximeter



- 6** Peel off the paper half way – up to the two notches.
- 7** Place ring's fingertip just before the two notches. Fold the side flaps.
- 8** Fold the top flap over the finger.
- 9** Fold down the side flap.
- 10** Gently wrap the long flap around the finger (not too tightly)
- 11** Proper placement of the Oximeter.

Step 4 Applying the PAT probe



- 12** Insert the index finger all the way into the probe until you feel the end.
- 13** Detach and gradually remove the TOP tab all the way out of the probe.
- 14** Detach and gradually remove the BOTTOM tab all the way out of the probe.